Body Composition Report created by

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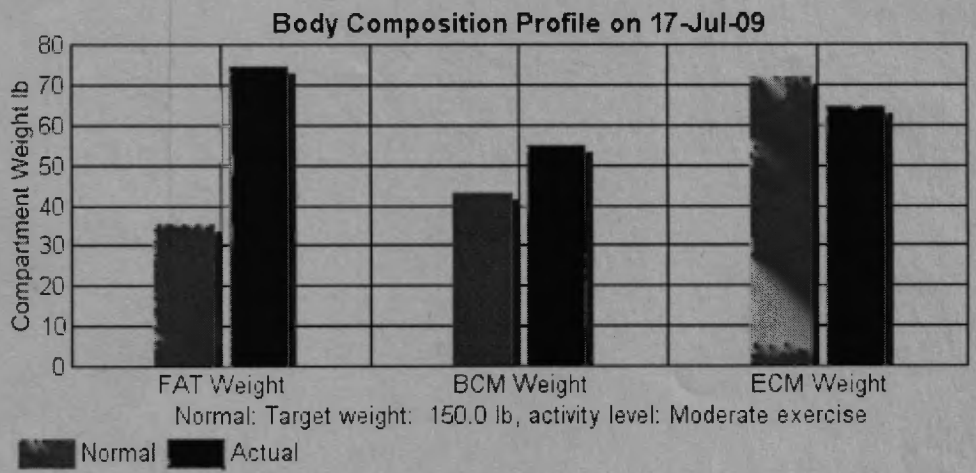
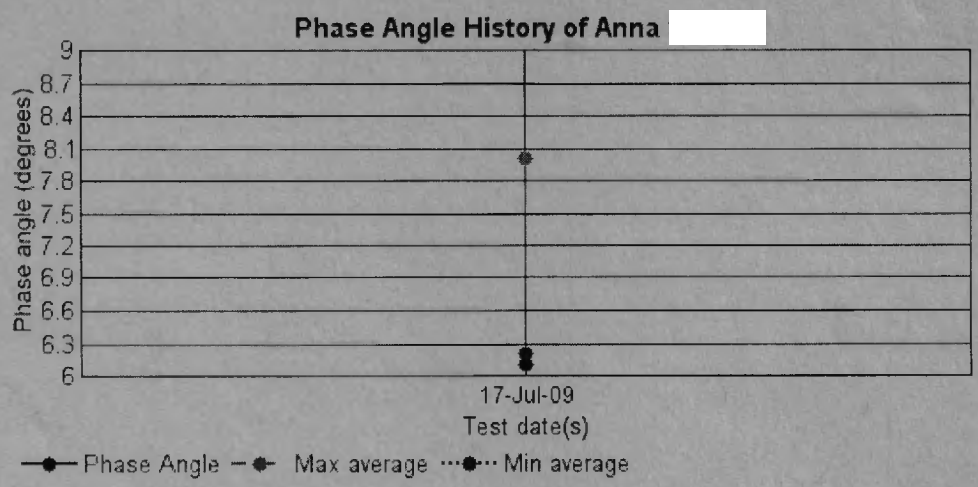
BIA Results:	Female	Name:	Anna [redacted]
Height in:	70	Date:	Friday, July 17, 2009 11:38:54 AM
Weight lb:	194	Database:	C:/Program Files/RJL Systems/Cyprus/BodyComp/Tennant Institute.db
Age:	57	Subject ID:	as1261952
Target weight:	150.0 lb	Record date:	17-Jul-09
BMI:	27.84	Template:	FNA_style.tmpl
Phase angle:	6.1	BIA tests:	1, template tables: 1 (aim for 7)
Resistance:	549	Reactance:	59 ohms
Equation Set:	NHANES-III		

Body Composition compartments (weight) compared to normal



Description	Actual	Norm.	Diff.	Normal Range	Comment
FAT Pounds	74.7	35.4	39.3	Min: 31.6 Max: 39.1 lb	FAT exceeded max by 35.6 Pounds
BCM Pounds	54.9	42.9	12.0	Min: 36.4 Max: 49.4 lb	BCM exceeded max by 5.5 Pounds
ECM Pounds	64.4	71.7	-7.3	Min: 65.2 Max: 78.2 lb	ECM less than min by 0.8 Pounds
FFM Pounds	119.3	114.6	4.7	Min: 110.9 Max: 118.4 lb	FFM exceeded max by 0.9 Pounds

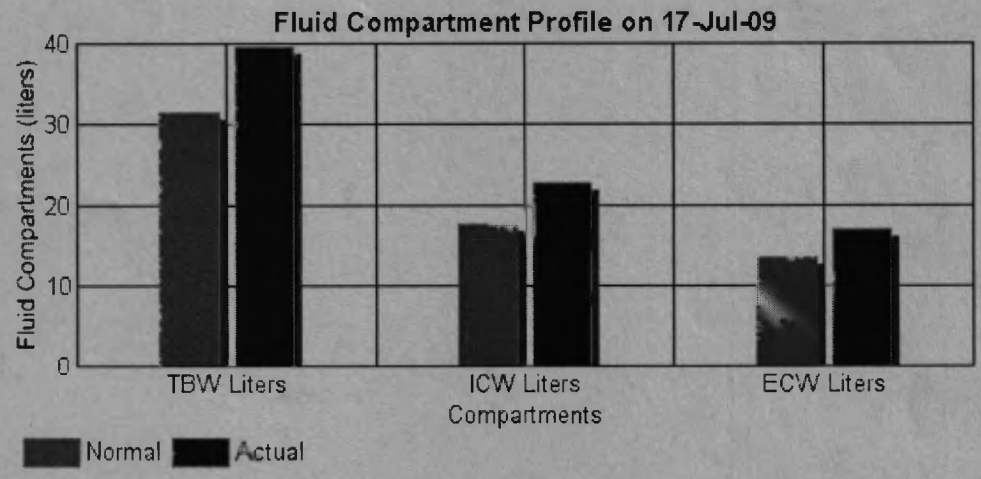
Phase Angle



Phase angle results of Anna

Description	Actual	Norm.	Diff.	Normal Range	Comment
17-Jul-09	6.1	7.1	-1.0	Min: 6.2 Max: 8.0 (deg.)	PA less than min by 0.1 (degrees)

Total Body Water compartments (liters) compared to normal



Description	Actual	Norm.	Diff.	Normal Range	Comment
ICW Liters	22.7	17.7	5.0	Min: 15.6 Max: 19.8 Liters	ICW exceeded max by 2.9 Liters
ECW Liters	16.9	13.6	3.3	Min: 11.5 Max: 15.6 Liters	ECW exceeded max by 1.3 Liters
TBW Liters	39.6	31.3	8.3	Min: 27.7 Max: 34.8 Liters	TBW exceeded max by 4.8 Liters

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Template FNA_style.tmpl table

Date:	17-Jul-09
Height:	70.00
Weight:	194.00

Age:	57
Resistance:	549.0
Reactance:	59.0
Ideal/desired wt:	150.00
Actual BMI:	27.84
Actual phase:	6.1
Actual BMR:	1531
% actual FAT:	38.5
Wt actual FAT:	74.7
Wt actual BCM:	54.9
Wt minimum BCM:	36.4
Wt actual ECM:	64.4
Wt maximum ECM:	78.2
Liters actual TBW:	39.6
Liters actual ICW:	22.7
Liters actual ECW:	16.9